

Garlic Parmesan Mashed Potatoes

written by The Recipe Exchange | November 3, 2022

Ingredients

4 med. potatoes – baked OR boiled until tender
1 Tbls. butter OR margarine
3 cloves garlic – minced
1/3 cup sour cream – low-fat okay
1/3 cup heavy whipping cream OR half and half cream
1/4 cup grated Parmesan cheese – low-fat okay
1 tsp. salt
1/4 tsp. black pepper

Directions

Peel half the skin off the potatoes, then mash them with an electric mixer.
In a large saucepan over medium heat, sauté garlic in butter for 5 minutes.
Add remaining ingredients and cook, stirring often, until hot throughout.