

# Turkey Salad

## Ingredients

3 cups roast turkey chopped  
1 cup mayo  
1/2 cup chopped celery  
1/2 cup chopped red onion  
1/2 teaspoon salt  
1/2 teaspoon black pepper  
1 teaspoon granulated stevia

## Directions

Mix all together & chill.

Makes 6, 1/2 cup servings.

# Nutrition Facts

Servings: 6

Amount per serving

**Calories** **7**

**% Daily Value\***

**Total Fat** 0.1g **0%**

Saturated Fat 0g **0%**

**Cholesterol** 0mg **0%**

**Sodium** 202mg **9%**

**Total Carbohydrate** 1.3g **0%**

Dietary Fiber 0.4g **1%**

Total Sugars 0.5g

**Protein** 0.2g

Vitamin D 0mcg **0%**

Calcium 7mg **1%**

Iron 0mg **1%**

Potassium 39mg **1%**

*\*The % Daily Value (DV) tells you how much a nutrient in a food serving contributes to a daily diet. 2,000 calories a day is used for general nutrition.*