

Asian Pasta Salad

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Ingredients

8 ounces elbows pasta
1 California Avocado, halved, seeded, peeled and diced
1 mango, peeled and diced
1 carrot, peeled and grated
1/4 cup shredded red cabbage
1 green onion, thinly sliced
2 tablespoons pine nuts
Kosher salt and freshly ground black pepper, to taste

FOR THE DRESSING

2 tablespoons soy sauce
2 teaspoons sesame oil
1 1/2 teaspoons sugar, or more to taste
1/2 teaspoon sesame seeds

Directions

To make the dressing, whisk together soy sauce, sesame oil, sugar and sesame seeds; set aside.

In a large pot of boiling salted water, cook pasta according to package instructions; drain well.

In a large bowl, combine pasta, avocado, mango, carrot, cabbage, green onion, pine nut, soy sauce dressing, salt and pepper to taste.

Serve immediately.