

Low Fat Refreshing Fruit Salad

written by The Recipe Exchange | May 25, 2015

Ingredients

8 oz. lemon OR vanilla yogurt – low-fat okay
2 ribs celery – chopped, optional
1 red apple – cored, chopped
1 green apple – cored, chopped
1 nectarine – pitted, sliced
1/2 cup halved grapes
1/2 cup dried cranberries
1/2 cup chopped walnuts

Directions

Fold together all ingredients; refrigerate until ready to serve.

* If making this more than a few hours ahead of time, wait to add the walnuts and cranberries to closer to serving time.