

Taco Salad

written by The Recipe Exchange | October 15, 2015

Ingredients

1 lb. lean ground beef
1 Tbls. chili powder
2 cups mayonnaise – low-fat okay
1 cup ketchup
oz. packet taco seasoning
1 head iceberg lettuce – chopped OR shredded
1 bunch romaine lettuce – chopped
3 lrg. tomatoes – diced
1 med. green bell pepper – diced
1 med. red bell pepper – diced
1 bunch green onions – chopped
4 oz. canned jalapeno peppers – drained, chopped fine
15 oz. can kidney beans – drained
15 oz. can garbanzo beans – drained
12 oz. shredded cheddar cheese – divided
(2) oz. bags corn tortilla chips – crushed

Directions

Brown the beef, drain, season with chili powder, and set aside to cool.

Prepare the dressing by whisking the mayonnaise, ketchup, and taco seasoning mix together in a small bowl.

In a large bowl, combine iceberg lettuce, romaine lettuce, tomatoes, green pepper, red pepper, green onions, jalapeno peppers, kidney beans, garbanzo beans, half of the cheese, half of the crushed chips, dressing, and cooled ground beef.

Mix well, cover, and refrigerate.

Just before serving, top the salad with remaining cheese and crushed chips.