

Berry Citrus Parfaits

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Ingredients

2 cups fresh OR frozen blueberries, raspberries, blackberries AND/OR sliced strawberries
2/3 cup granulated sugar – divided
1 1/2 cups cold heavy whipping cream
1/4 cup lemon juice
1 tsp. lemon OR orange extract
1 tsp. vanilla extract

Directions

Gently stir together berries and 1/3 cup sugar; set aside.

In a large, chilled metal mixing bowl using an electric mixer on high speed, beat together cream, remaining sugar, lemon juice and extracts until fluffy.

Alternate spooning layers of whipped cream and berries into 4 glass serving bowls or glasses.

Refrigerate until ready to serve. Serve within 6 hours of preparing.