

# Sugar and Spice Candied Nuts

written by The Recipe Exchange | December 19, 2015

## **Ingredients**

1/3 cup dark-brown sugar  
2/3 cup white granulated sugar  
1 teaspoon kosher salt (up this by a 1/2 tsp. for more of a sweet/salty balance)  
Generous pinch of cayenne pepper (You can swap this with 1/4 teaspoon of hot smoked paprika)  
1 teaspoon ground cinnamon  
1 pound walnut or pecan halves or whole peeled hazelnuts  
1 egg white, room temperature  
1 tablespoon water

## **Directions**

Preheat oven to 300 degrees.

Mix sugars, salt, cayenne, and cinnamon, making sure there are no lumps; set aside.

Beat egg white and water until frothy but not stiff. Add walnuts, and stir to coat evenly.

Sprinkle nuts with sugar mixture, and toss until evenly coated.

Spread sugared nuts in a single layer on a cookie sheet fitted with parchment paper. Bake for 30 minutes, stirring occasionally.

Remove from oven, and separate nuts as they cool. When completely cool, pour the nuts into a bowl, breaking up any that stick together.