Chutney Chicken Salad

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Ingredients

2 cups diced cooked chicken OR turkey 1/4 cup mango chutney 1 sm. golden delicious apple - cored, minced 1/4 cup minced celery 1/4 cup minced red onion 1/3 cup reduced-fat mayonnaise salt and pepper - to taste

Directions

Mix all ingredients together. Season to taste with salt and pepper.

* Use as a sandwich filling or serve on top of a bed of greens.