

Chutney Chicken Salad

Ingredients

2 cups diced cooked chicken OR turkey
1/4 cup mango chutney
1 sm. golden delicious apple – cored, minced
1/4 cup minced celery
1/4 cup minced red onion
1/3 cup reduced-fat mayonnaise
salt and pepper – to taste

Directions

Mix all ingredients together.
Season to taste with salt and pepper.

* Use as a sandwich filling or serve on top of a bed of greens.