

# Applesauce French Toast

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## **Ingredients**

2 eggs  
3/4 cup milk  
1 teaspoon ground cinnamon  
2 tablespoons white sugar  
1/4 cup applesauce  
6 slices bread

## **Directions**

In a large mixing bowl, combine the eggs, milk, cinnamon, sugar and applesauce; mix well.

Soak bread one slice at a time until saturated with liquid.

Cook on a lightly greased skillet or griddle over medium/high heat until lightly browned on both sides. Serve hot.