

Homemade Hamburger Buns

written by The Recipe Exchange | May 6, 2016

Ingredients

1 C warm water
3 Tbsp warm milk
1 pkg active dry yeast
3 Tbsp sugar
2 eggs, beaten and divided
3 $\frac{1}{3}$ C bread flour
1 tsp salt
3 Tbsp butter
poppy seeds and/or sesame seeds for top if desired

Directions

In a bowl combine warm water, milk, yeast and sugar. Let sit until foamy.

In a bowl combine flour and salt.

Add in butter and rub into flour with your fingers. It will form crumbs.

Mix in yeast mixture and 1 egg.

Knead until smooth and elastic. Dough will be slightly sticky.

Allow dough to rise for 1 hour or until doubled.

Divide dough into 8 equal pieces and form each into a ball.

Place on a parchment paper lined cookie sheet.

Cover loosely with plastic wrap sprayed with non stick spray and allow to rise for about 1 hour.

Brush tops with remaining beaten egg and sprinkle with poppy seeds or sesame seeds if desired

Bake at 400 degrees for about 15 minutes or until golden brown