

No-yeast Irish Brown Bread

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Ingredients

2 cups flour
1 1/2 cups whole wheat flour
1/2 cup natural bran
1/4 cup sugar
1 1/2 teaspoons baking soda
2 cups sour milk
1/4 cup oil

Directions

Mix flours, bran, sugar and soda.
Make well in centre.
Pour in sour milk and oil.
Stir until moistened.
Pour into greased loaf pan.
Bake 1 hour at 350 degrees.