

Gluten Free Banana Oatmeal Muffins

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Ingredients

1 cup Greek yogurt, full fat variety
2 ripe bananas, mashed
2 eggs
2 cup whole oats (not instant)
1/4 cup brown sugar, packed
1 1/2 tsp baking powder
1/2 tsp baking soda

Directions

Preheat oven to 400F. Grease muffin tins.

In a large bowl, mix all ingredients well. Pour batter into muffin tins – about 3/4 full.

Bake for 18-20 minutes until golden brown.

Allow muffins to cool and remove from tin.