Stuffed Peppers

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Ingredients

1 egg – beaten
1 lb. lean ground beef
1/2 cup un-cooked white rice
1/2 cup dry bread crumbs
1 med. onion – chopped
1 1/2 Tbls. Worcestershire sauce
1 tsp. garlic salt
1 tsp. black pepper
6 med. green bell peppers – tops cut off, seeded
4-5 cups spaghetti sauce

Directions

Combine all ingredients, except bell peppers and spaghetti sauce, in a bowl. Spoon mixture into bell peppers, then place in a greased 9″ X 9″ X 2″ baking dish. Pour spaghetti sauce over stuffed peppers.

Bake, covered, in a 350 degree oven for 1 hour, 45 minutes.