

Stuffed Peppers Casserole

written by The Recipe Exchange | January 28, 2014

Ingredients

1 lb. ground beef
2 Tbls. chopped onion
1/3 cup chopped green pepper
1 cup cooked rice
1 tsp. salt
1/8 tsp. garlic salt
(2) 8 oz. cans tomato sauce
3 med. green peppers – sliced lengthwise
1/2 cup shredded mozzarella cheese

Directions

Brown meat, onion, and chopped peppers in skillet, stirring occasionally. Drain off fat. Stir in rice, salt, garlic salt, and 1 can of tomato sauce; heat through.

Spray a 9" X 9" X 3" baking pan with cooking spray and line with 1/2 the sliced peppers. Pour half of meat mixture over peppers. Layer remaining sliced peppers on top of meat mixture. Pour remaining meat mixture on top. Pour remaining tomato sauce over meat mixture.

Cover with foil and bake in a 350 degree oven for 45 minutes. Uncover and bake an additional 10 minutes. Sprinkle with cheese and bake an additional 5 minutes.