

Mushroom Meat Loaf

written by The Recipe Exchange | February 6, 2014

Ingredients

1 lb. ground beef
oz. pkt. dry French onion soup mix
1/2 cup chopped canned OR fresh mushrooms
1 Tbls. Worcestershire sauce
1 egg – beaten
1/2 cup dry bread crumbs
1/4 tsp. black pepper
oz. can cream of mushroom soup – low-fat okay
oz. soup can filled with beef broth

Directions

Combine beef, soup mix, 1/2 of the mushrooms, Worcestershire sauce, egg, bread crumbs, and pepper and shape mixture into loaf.

Lay loaf in a 2" deep oblong baking dish.

Combine remaining ingredients and pour over meat loaf.

Bake 400 degree oven for 1 hour, or until internal temperature reaches 160 degrees.