

Grilled Flank Steak

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Ingredients

1-1/2 lb. flank steak
1 cup soy sauce
1/2 cup brown sugar
1/2 cup unsweetened pineapple juice
1/2 cup Italian salad dressing
1/2 cup red wine vinegar
1/2 cup Worcestershire sauce
1 tsp. salt
1 tsp. garlic powder

Directions

Prepare a marinade of all ingredients and marinate steak overnight. Broil steak over hot grill for 5 to 10 minutes on each side, depending on degree of rareness desired. Slice thinly across the grain.