

Seven Layer Dip

written by The Recipe Exchange | August 10, 2021

Ingredients

- 1 1/2 pounds ground beef
- 1 (10 ounce) can refried beans
- 1 (8 ounce) package shredded Mexican-style cheese
- 1 (8 ounce) package sour cream
- 1 (8 ounce) package guacamole
- 1 cup salsa
- 1 (8 ounce) can chopped black olives
- 1/2 cup chopped tomatoes
- 1/2 cup chopped green onions

Directions

In a large skillet, brown ground beef. Set aside to drain and cool to room temperature.

Spread the beans into the bottom of a 9×13 inch serving tray that is about 1 1/2 inches deep. Sprinkle one bag of shredded cheese on top of beans.

Sprinkle beef on top of cheese. Spread sour cream very slowly on top of beef. Spread guacamole on top of sour cream. Pour salsa over guacamole and spread evenly. Sprinkle other bag of shredded cheese. Sprinkle black olives, tomatoes, and green onions on top.

You can serve this dish immediately, or refrigerate it over night and serve cold. I think it tastes better at room temperature.