

Chili Con Queso Dip

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Ingredients

1 tb Butter
1 pn Cumin
4 oz Chopped green chilis
1 c Canned chopped tomatoes
1/2 c Chopped onion
1/2 lb Shredded jack cheese
1 ts Minced garlic
3 oz Cream cheese
1/4 ts Pepper
1 tb Chopped cilantro

Directions

Microwave margarine on high for 30 seconds. Add next 5 ingredients, cover with plastic wrap (leaving vent). Microwave on high for 2 minutes. Add tomatoes and cook 2 minutes. Add cheese and cook 1 minute. Stir and cook 1 minute. Stir in cilantro.

Serve with tortilla chips.

Makes 2-1/2 cups, 35 calories per tablespoon.